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Black Bean Dip

Recipe courtesy of Coastal Living magazine

- * 1 can black beans, drained and rinsed
- * 1/4 cup olive oil
- * 1-1/2 tablespoons cumin
- * 1 tablespoon lime juice
- * dash of hot sauce
- * 1/4 teaspoon ground black pepper
- * 1/4 teaspoon salt

Mix in food processor and serve with chips or your favorite raw vegetables.

Sweetnicks' Notes: Incredibly easy to make, tasty and healthy to boot!