

*Sweetnicks.com*

## *Fleas Navidad Muffins*

(for **DOGS**) Makes 16

- 2 tablespoons honey
- 2-3/4 cups water
- 1/4 cup unsweetened applesauce
- 1/8 teaspoon vanilla
- 1 egg
- 1/2 cup chopped peanuts
- 4 cups whole-wheat flour
- 1 tablespoon baking powder
- 1 tablespoon cinnamon
- 1 tablespoon nutmeg

Preheat oven to 350 degrees. In a bowl, mix together honey, water, applesauce, vanilla and egg. In a separate bowl, mix peanuts, flour, baking powder, cinnamon and nutmeg. Add wet ingredients to the dry ingredients and stir, mixing well. Spoon into a greased muffin tin, filling each cup two-thirds full. Bake for 35 minutes. Store in a sealed container.

*Sweetnicks' Notes: Devoured by the dogs, recipe from Three Dog Bakery Cookbook.*