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Healthy Black Bean Tostados

Have all the ingredients ready before starting this easy recipe. Bake 4 tortillas in a 375 degree oven (directly on the rack, no baking sheet) until crisp, about 4 minutes. Carefully remove and place each one on a plate. Top with warmed canned refried black beans, shredded lettuce, chopped tomatoes (or your favorite salsa), avocado, corn and chopped scallions. Enjoy!

Sweetnicks' Notes: I also added a bit of sour cream and my Guacamole Cream to the top before serving.